SUPER DIMENSIONS keeping employers informed about superannuation





High tech facilities at Nolan Meats boost efficiency.

Recently, a few staff members from AMIST Super toured the new storage and distribution facilities at Nolan Meats Gympie. The team was extremely impressed with the technology that has been introduced to create this automated storage and retrieval system.

Leisa Sheffield, AMIST Super's Client Services Manager in Queensland, thinks it is great to see a business looking at ways to better service their customers, and wanted to share some of the information she gained and some photos of this impressive facility.

Emma Franz, Nolan Meats' Standards and Specification Co-ordinator, took the AMIST Super team on the tour. The new facility allows an impressive 86,000 cartons of beef to be chilled or frozen efficiently to keep it fresh for customers. Once a carton is ordered online, it is automatically collected and delivered via a conveyor belt hundreds of metres long, with shuttles servicing 23 levels of storage racking. The efficiencies gained include a reduction in overhead costs, picking errors and in age of stock turn-over, along with providing staff other employment opportunities.

"The new facility's design and technology was developed to ensure full traceability and increase efficiencies in high volume handling of chilled and frozen beef," says Terry Nolan, one of the Directors of Nolan Meats.

"Despite the move towards mechanisation, the company hoped to expand its workforce in the future as they have the capacity to grow their organisation, and staff have been retrained to help in this growth," he said.

Have you seen our new website?

We've given our website a make-over. It's got a whole new look and lots of features. So why not encourage your staff to manage their super online? They can register for MemberAccess now, it's easy and free.

Just go to **www.amist.com.au**, admire our new site, then click on the big, yellow MemberAccess button and follow the instructions. They'll need their AMIST Super member number that they'll find on the card they received with their welcome pack, or on any statement they've received since.

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AMIST SUPER HOTLINE

DIMENSI

Investments Why holding your nerve when markets fall will benefit you in the long-term.

By Murray Rutherford - CEO/CIO



The 2018-19 financial year has proven a turbulent one for investment markets. Indeed, the significant market downturn has meant that investment returns have dipped below the longterm average for the first time in several years. The fact is that all investments, including those in your super, go up and down with changes in financial market conditions. But while your money is sitting in your super fund's portfolio, any losses you incur are just "on paper". They only become real losses when you "crystallise" them by cashing in and switching to another option. Because when you do that, it's irreversible. You've snap-frozen the low price and suffered the

...while your money is sitting in your super fund's portfolio, any losses you incur are just "on paper".

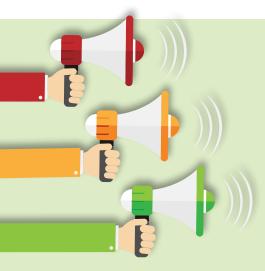
And when investments have gone backwards, the tempting, knee-jerk reaction is to switch out of the more volatile balanced option and move into a much more stable cash option.

But is this actually a wise move, particularly for younger members who are some way off retirement? loss. It's real money you'll never get back from that investment option.

On the other hand, if you leave your money where it is, you're likely to benefit when the market recovers and your investments start to grow again. History shows us that's exactly what happens. Markets generally recover after a fall, and with them so too do investment returns. In fact, from the investment market lows of December, our MySuper option recovered to 6.62% in the following six months.

Remember, superannuation is a long-term investment and while markets rise and fall over time, the underlying assets in AMIST Super's investment portfolios are fundamentally sound. In fact, despite the recent volatility on the share market, the average performance of AMIST Super's MySuper option over a rolling 10 year period is 8.57%.

Naturally, everyone's individual circumstances are different and you would be wise to seek financial advice before you make substantial alterations to your investment allocations. AMIST Super members can do this by calling the **Hotline** on **1800 808 614**.



Board member elections coming soon.

The Trustee Board of AMIST Super comprises three employer-nominated representatives, three member-elected representatives and one independent director. The fund members elect member representatives every five years while the Australian Meat Industry Council nominates the employer representatives. Directors meet on a regular basis to discuss investment strategy, government legislative changes to superannuation rules, new product developments and other matters.

The current term of the member elected representatives expires soon. More information is available on our website.

Find us on Facebook

Did you know that AMIST Super is on Facebook?

We make regular posts about super and lots of other interesting things. So why not "like" us and "share" us. And don't forget to make a comment. We're always interested in your views.

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Have you seen our new website?

Once registered, they will be able to:

Check transactions – employer contributions, salary sacrifice or personal contributions they may have made.

Check fees – insurance, administration, taxes etc.

Change contact details and update beneficiaries.

Find their BPAY details if they'd like to make additional contributions.

See how their money is invested and switch investment options.



MemberAccess

If they have any problems, please tell them to contact the **AMIST Super Hotline** on **1800 808 614** between 8:00am and 8:00pm.

Rollover funds.

Out and about with the Client Services team

On a recent visit to Dardanup Butcher Co in Picton WA, Southern Region Client Services Manager, Glen Pearson caught up with Crystal Potter, Training Coordinator, and Roz England, Payroll Manager. A staff barbecue was very kindly organised by the team and a table was provided for our display that was well received by all of their employees.

A stunning day to judge sausages, burgers and smallgoods.

On a sunny Sunday in May, our Queensland Client Services Manager, Leisa Sheffield, attended and judged the AMIC run Sunshine Coast Sausage King competition. The winning entries were spread around the region so if visiting the Sunny Coast you are bound to find a great snag.

Butchers that collected awards were, Bli Bli butchery, Budds, Butchers, Cotton Tree Meats, Gympie Meathall, Sunvalley Fine Foods, Shaws Meats and Aussie SmokeHouse to name a few. These winners are now heading to the state finals to be held in Brisbane at the EKKA show.



Colby Davis – HR Manager kindly took the picture.



Robert Glenny Aussie Smokehouse

Client Services

Meet our team of service professionals.

Remember our Client Services Managers are here to help you get the most from your super. Feel free to contact them.



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Glen Pearson on 0418 285 649 or glenp@amist.com.au for WA, VIC, SA and TAS.



Leisa Sheffield on 0407 919 796 or leisas@amist.com.au for QLD and NT.



Justine Young on 0409 907 408 or justiney@amist.com.au for NSW.

DIMENSI





This year, AMIST Super was once again sponsor of the Butcher Wars competition at Meatstock Music and Meat Festival. Meatstock is organized by the Australian BBQ Association and is part of a growing trend in competitions featuring the low and slow cooking of large cuts of meat. Its attendees are naturally lovers of all things meat.

Now in its fourth year, the festival continued to be held in Auckland, Melbourne and Sydney and has grown considerably in that time. Demand is high and tickets sell out very quickly.

AMIST Super attended the Melbourne event in March and the Sydney event in May where crowds peaked at 16,000 and 18,000 respectively.

The Butcher Wars showcase independent butchers going head to head in a battle arena. It features approximately 20 butchers in 4 rounds of 5 butchers per round. The contestants have 30 minutes to prepare half a saddle of pork and half a lamb and are judged on: final appearance/presentation, creativity, technique and speed. The competing butchers bring supporters, fellow butchers from work, mates and family and the crowd cheers them on. The atmosphere is electric.

MEATSTO

AMIST Super will attend again in 2020 and members can keep up with the event on our Facebook page www. facebook.com/amistsuper.





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AMIST Super

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